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SETUP VERSE: Ephesians 3:16-19

## REVIEW

- Ephesians 6:10-18 (Overview)
- **W1:** Intro
- **W2:** Belt of Truth
- **W3:** Breastplate of Righteousness
- **W4:** Shoes of the Gospel of Peace
- **W5:** Shield of Faith
- **W6:** Helmet of Salvation

## SALVATION

- Definition of salvation- so-tay'-ree-on
- Salvation? (Romans Road)
- We are all sinners by nature and choice (Romans 3:23).
- There is a price for sin, but God offers us the gift of salvation (Romans 6:23).
- We can all be saved and call on Jesus as Lord (Romans 10:9-13).
- Salvation is not just a one-time choice. It's not merely knowing He exists—it requires repentance, walking in obedience, and accepting the price He paid.
- This salvation is our confidence and security (1 Thessalonians 5:8).
- We are to wear the helmet of salvation, which protects our minds.
- The enemy attacks our minds, so we must stand firm in the confidence of our salvation, combining it with the truths of the full armor of God.
- I think of the armor like a diamond—one diamond with many different facets of connected truths.

## THE BATTLE OF THE MIND

- 2 Corinthians 10:3-5

### Confidence Killers

- He doesn't love you.
- He can't forgive you.
- You are disgusting to Him.
- If you make one little mistake, He will wipe you out.
- There isn't any fruit in your life—you'd better try harder (taking it into your own hands).
- God left you here (doubting God).
- You've done too much.

### Thought Analogies:

- The Cup Analogy – The devil plants the thought and then condemns us for it.
- Birds Flying Overhead – You can't control birds flying over your head, but you can keep them from nesting in your hair.
- Money Counterfeit Analogy – We can recognize what is false by knowing what is true.
- Hearing God's Voice – We can learn to discern His voice.

## God's Word as Thought Filters

- John 10:27 (Knowing his voice)
- Where the Spirit of the Lord is, there is freedom (2 Corinthians 3:17).
- Perfect love casts out fear (1 John 4:18).
- God is not a God of confusion (1 Corinthians 14:33).
- The Lord will show you a way out (1 Corinthians 10:13).
- He doesn't lead us into sin (James 1:13).
- If you confess, He is faithful and just to forgive (1 John 1:9).
- He saves the worst of sinners (1 Timothy 1:15-17).
- God is near, not far away (Isaiah 45:19).

## **PREACH YOURSELF THE GOSPEL**



Visit <https://instabio.cc/7020603mX5U4N> To view "Preaching the Gospel to Yourself" and other resources.

## **CLOSE**

1. Do you need to be saved today?
2. What thoughts do you need to take captive today?
3. How are you going to preach the gospel to yourself? (Scan QR)
4. Are you trying to do it alone?
5. In faith, do you need to put on the confidence of the helmet of salvation today?

## **DISCUSSION QUESTIONS:**

1. What stood out in today's message?
2. What thoughts do you need to take captive right now?
3. What stood out to you about thought filters?
4. Which thought analogy impacted you the most?
  - Counterfeits
  - You can't control birds flying overhead, but you can stop them from nesting.
  - The cup analogy—the devil plants thoughts, then condemns you.
5. How can you preach the gospel to yourself daily? What truths do you need based on how the enemy attacks you?
6. What stood out to you about salvation?
7. Read the Romans Road passages—what stood out?
8. What does renewing your mind look like? (Read Romans 12:1-2)
9. Prayer requests & how was your week?



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